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## **WELCOME**

Dear Students,

I am thrilled to welcome you into the CIIS community. CIIS is a transformative place, founded on a commitment to the facilitation of integral learning. Through a personal, dynamic, and cohesive educational experience, we hope CIIS will equip you to will continue your journey to discover, challenge, and change the world around you.

There are many opportunities for active participation in the CIIS community, including Student Union (student groups, student governance, and Community Building Fellowships), cultural and social events, department- and school-wide committees, and the exchange of dialogue and friendship with fellow members of the community. Additionally, you may find the Wellness Centers, Meditation rooms, and the Zen Rooftop Garden useful for quiet reflection during the day.

CIIS is an evolving community that seeks to support the creation of an inclusive, interrelated space that respects the dignity of every individual while striving to offer opportunities for both personal growth and social transformation.

I extend an open invitation to you to stop by Student Affairs (Mission Campus, Room 302) and the Dean & Associate Dean of Students Office (Mission Campus, Room 301; Arkansas Campus, Administration Suite), so that we can meet you personally. Most importantly, please do not hesitate to seek me out if you are in need of assistance.

Cordially,  
Yunny Yip  
Dean of Students

## **MISSION AND EDUCATIONAL PHILOSOPHY**

### **Mission Statement**

California Institute of Integral Studies ("CIIS" or "the University") is an accredited university that strives to embody spirit, intellect, and wisdom in service to individuals, communities, and the earth. CIIS expands the boundaries of traditional degree programs with transdisciplinary, cross-cultural, and applied studies utilizing face-to-face, hybrid and online pedagogical approaches, offering a personal learning environment and supportive community. CIIS provides an excellent multifaceted education for people committed to transforming themselves and the world.

### **Integral Education**

Integral studies are a response to the growing needs to synthesize the fragmentary aspects of contemporary thought and culture into a meaningful whole. The integral outlook, envisioned by the founders of CIIS as embodying a creative synthesis of the highest values of East and West, has grown to encompass the study of traditions and experience from around the globe. Integral studies at CIIS encompass all aspects of learning: the intellectual, the experiential and the applied.

Providing an integral education for a changing world, the University creates and integrates knowledge beyond the confines of traditional academic disciplines. CIIS values cultural diversity, multiple ways of knowing, spirituality, a sense of community, emancipatory ideals, and ecological sustainability, developing a reflective and innovative learning community. In exploring the interplay of mind, body, and spirit, integral education connects the spiritual and practical dimensions of intellectual life. The integration of the wisdom tradition presents an evolution of consciousness that has never been more relevant and crucial than it is today.

### **The Seven Commitments of CIIS**

#### **1. Practice integral approaches to learning and research:**

The University strives to facilitate the integration of body-mind-spirit. It values the intellectual, emotional, spiritual, imaginal, creative, somatic, and social dimensions of human potentiality. Committed to studies and practices that cross traditional boundaries. CIIS emphasizes dynamic systems understanding and integrative learning.

#### **2. Affirm spirituality:**

The University is committed to studies and practices of multiple spiritual and wisdom traditions and to their expression and embodiment throughout the university community. While no one tradition is shared by all, the importance of the spiritual dimension of life is affirmed.

#### **3. Commit to diversity and inclusion:**

Promoting a dialogue of difference, the University is committed to reflecting the diversity of the world's peoples, cultures, and spiritual traditions. At CIIS, inclusion means consciously welcoming the contributions of all people to academic scholarship and multiple ways of knowing. CIIS embraces

intellectual, cultural, and spiritual traditions that further the effectiveness of emancipatory movements, such as feminism, and social and political liberation.

#### 4. Fosters multiple ways of learning and teaching:

The University honors many learning modalities and ways of knowing, providing a rigorous and transformative education across all learning approaches. CIIS welcomes experiential, collaborative, embodied, artistic, participatory, and other modes of learning and knowing into the classroom, believing that they deepen and enrich the learning experience.

#### 5. Advocate sustainability and social justice:

The University is committed to exploring and promoting knowledge and practices that affirm human solidarity with the entire Earth community. Recognizing that business as usual threatens the integrity of life itself on a planetary scale and perpetuates structures of oppression on a large portion of the human population, CIIS strives to generate creative alternatives leading to a just and flourishing world.

#### 6. Support community:

Community at CIIS is founded upon core of values that affirm shared understandings and differences, scholarly efforts, and compassionate action. Such community is a vital part of the University's aspiration to provide an effective, visionary, and nurturing environment for integral education. CIIS is committed to providing a welcoming community for all people.

#### 7. Strive for an integral and innovative governance:

The University recognizes the significance of a mode of governance that would eliminate, or at least reduce, the polarities and fragmentation that typically plague organizations. The commitment to integral governance aims to inspire holistic organizational interaction among all members of its community. This commitment stands among the seven as a constant challenge and encouragement to try new forms, procedures, criteria, and language that reflect a more progressive and collaborative decision-making process.

- Intent and impact. Be aware that it is possible to have a negative impact on an individual despite best intentions.
- Check out your assumptions. Ask questions of yourself and others instead of jumping to conclusions.
- Confidentiality. Anything said of a personal nature should not be shared outside of the room without the person's permission. He or she can say yes, no, or maybe later.

## CIIS AT A GLANCE

CIIS is an accredited undergraduate and graduate university with enrollment of nearly 1,500 students, 70 core faculty, 130 adjunct faculty, and 120 staff. The Mission Street campus building is conveniently located in the SOMA district of San Francisco and houses the Schools of Undergraduate Studies, Professional Psychology & Health, and Consciousness & Transformation. The American College of Traditional Chinese Medicine is housed on two campus buildings in the Potrero Hill neighborhood of San Francisco.

The University is a pioneer in integrative higher education, providing interdisciplinary, cross-cultural, and applied studies in psychology, philosophy, religion, spirituality, ecology, consciousness, cultural anthropology, transformative studies and leadership, integrative health, acupuncture and Chinese medicine, and the arts.

Within CIIS are four schools:

- American College of Traditional Chinese Medicine at CIIS
- School of Consciousness and Transformation
- School of Professional Psychology
- School of Undergraduate Studies

Reflecting originality, breadth, and reputation, CIIS programs confer PhD, DACM, DACMt, DAOM, MSTCM, MA, MFA, and BA degrees. Led by the respected faculty, these programs prepare students to pursue a wide range of professions, including such high demand fields as community mental health. CIIS professors conduct research that is unique in higher education, and students sometimes collaborate on projects.

For a complete list of the programs offered at CIIS, please visit the CIIS website at [www.ciis.edu](http://www.ciis.edu).

When you enter CIIS, you become a part of a vibrant, diverse community. The student body of CIIS comes from different backgrounds and from all over the world. Some students are completing undergraduate programs, while others have earned advanced degrees at other institutions. Your classmates may include former teachers, nurses, religious leaders, corporate executives, Peace Corps volunteers, musicians, or authors. Creative, respectful, and socially aware—these are just a few of the words that describe students at CIIS.

For more information on the demographics of the CIIS community, please visit the CIIS website at [www.ciis.edu/ciis-at-a-glance](http://www.ciis.edu/ciis-at-a-glance).



## **PROGRAMS OFFERED AT CIIS**

### ***Bachelor's***

Bachelor of Arts (BA) in Interdisciplinary Studies

Bachelor of Science (BS) in Psychology

### ***Master's***

Master of Arts (MA) in Anthropology and Social Change

Master of Arts (MA) in Asian Philosophies and Cultures

Master of Arts (MA) in Counseling Psychology with a concentration in Community Mental Health

Master of Arts (MA) in Counseling Psychology with a concentration in Drama Therapy

Master of Arts (MA) in Counseling Psychology with a concentration in Expressive Arts Therapy

Master of Arts (MA) in Counseling Psychology with a concentration in Expressive Arts Therapy Online

Master of Arts (MA) in Counseling Psychology with a concentration in Integral Counseling Psychology

Master of Arts (MA) in Counseling Psychology with a concentration in Integral Counseling Psychology Weekend

Master of Arts (MA) in Counseling Psychology with a concentration in Somatic Psychology

Master of Arts (MA) in East-West Psychology

Master of Arts (MA) in Integrative Health Studies

Master of Arts (MA) in Integrative Health Studies Online

Master of Arts (MA) in Philosophy and Religion with a concentration in Ecology, Spirituality and Religion

Master of Arts (MA) in Philosophy and Religion with a concentration in Philosophy, Cosmology and Consciousness

Master of Arts (MA) in Philosophy and Religion with a concentration in Philosophy, Cosmology and Consciousness Online

Master of Arts (MA) in Transformative Leadership

Master of Arts (MA) in Women, Gender, Spirituality & Social Change

Master of Fine Arts (MFA) in Creative Inquiry, Interdisciplinary Studies

Master of Fine Arts (MFA) in Writing and Consciousness

Master of Science (MS) of Traditional Chinese Medicine

### ***Doctoral***

Doctor of Acupuncture and Chinese Medicine

Doctor of Acupuncture and Chinese Medicine - Transitional

Doctor of Acupuncture and Oriental Medicine

Doctor of Philosophy (PhD) in Anthropology and Social Change

Doctor of Philosophy (PhD) in Asian Philosophies and Cultures

Doctor of Philosophy (PhD) in East-West Psychology

Doctor of Philosophy (PhD) in Human Sexuality

Doctor of Philosophy (PhD) in Integral and Transpersonal Psychology

Doctor of Philosophy (PhD) in Philosophy and Religion with a concentration in Ecology, Spirituality, and Religion

Doctor of Philosophy (PhD) in Philosophy and Religion with a concentration in Philosophy, Cosmology, and Consciousness

Doctor of Philosophy (PhD) in Philosophy and Religion with a concentration in Women's Spirituality

Doctor of Philosophy (PhD) in Transformative Studies

Doctor of Psychology (PsyD) in Clinical Psychology