Instructor: Alan Kubler, PhD., MFT.
Semester: Spring 2011
Fourteen classes scheduled on Monday from 6:15 PM - 9:15 PM. There is one Wednesday class on Mar. 16th, From 6:15 PM -9:15 PM
Units: 3
Phone: 510.526.4450  e-mail: alankubler@sbcglobal.net
Course Title: Human Development & the Family
Course Number: MCP 5201-01

Description of Course Content: Theory and research on life transitions, stages of development and rites of passage, from prenatal conditions through adult experience to dying; considering physiological, cognitive, social and psychological development. While looking at different developmental theories, the class will look at separation and attachment and how the sense of isolation and connection weave through developmental ideas.

Summary of Educational Purpose: The class will cover diverse developmental views of the individual, including both the ‘researched’ and the ‘theorized’ child/adult, with a critical examination of each contribution. To become aware of the unconscious and multiple lenses through which we view each other and to consider the intrapsychic struggles and interpersonal demands of being in the world. Finally to consider the relevance of developmental theory for clinical practice.

Learning Objectives:
1. Discern and evaluate different contributions to developmental theory.
2. Understand the connection between developmental theory and clinical practice.
3. Appreciate the evolution of developmental theory from a historical perspective, and stay abreast of currently evolving views and theory.
Learning Activities:
1. Lecture/discussion 55%
2. Experiential 25%
3. Practical/Applied 20%

Criteria for Evaluation:
1. Final paper (due second to last class) 55% of grade
2. Research project (due week 8) 30% of grade
3. Class participation 15% of grade

Level of Instruction: M.A. Grading: Student’s option
Size: 25

Required Texts:
Reader – purchased from Copy Central

Course Schedule and Reading List:

1. **Overview and introduction: Theories and methodologies applied to human development.**

2. **The Oedipal Child: Freud and Childhood Mythology**

3. **The World of Inner Objects: Life before the Oedipal Complex: Klein**

4. The Importance of the Mother/Father/Environment: Winnicott

5. Attachment Theory: Bowlby and Ainsworth


7. Developmental Psychology through Relationship: Stern
8. Thinking about cases – the application of theory to a clinical case in the series In Treatment.


10. Adolescence and the Developing Self: Psychosocial development and the Peer Group.

12. **Adult Development: An overview**

13. **Intersubjectivity and the ‘other’: Bejnamin**

14. **Individuation & Midlife: Jung**

15. **Later life, old age and death**

**Additional Reading:**


Recommended Texts:


**Supplementary Texts:**


**Instructor Biography:**

Dr. Kübler has been teaching Lifespan Development for over 20 years, in addition to other courses at CIIS and other schools. He has a private practice in San Francisco and Albany. He is presently the editor of *fort da*, the journal of the Northern California Society of Psychoanalytic Psychotherapy.