Program Highlights

The Integral Counseling Psychology program produces sophisticated clinicians who have well-rounded training in the major streams of depth psychotherapy. Because our education is so thorough, our students’ scores on the Marriage and Family Therapist (MFT) exam are consistently among the highest pass rates of all graduate degree programs of any significant size in the state of California.

Program alums often work in private practice, city and community agencies, clinics, and schools.

Admissions
415.575.6134
admissions@ciis.edu
For information on application requirements and procedures, or to complete an online application, please visit www.ciis.edu/admissions.

Financial Aid
415.575.6122
financialaid@ciis.edu
For information about our financial aid programs, including federal student loans, private loans, grants, and student employment, please visit www.ciis.edu/financialaid.

About CIIS
California Institute of Integral Studies is an internationally recognized leader in integral education. CIIS has an enrollment of more than 1,600 students pursuing degrees in a variety of academic programs in its schools of Consciousness and Transformation, Professional Psychology and Health, Undergraduate Studies, and American College of Traditional Chinese Medicine. In addition, CIIS hosts a vibrant arts exhibition program; Through the Arts at CIIS, and offers a dynamic array of events through its Public Programs & Performances division, including workshops, concerts, and conferences. The University provides low-cost mental health and counseling services to all students free of charge through the Counseling & Career Center. CIIS is accredited by the WASC Senior College and University Commission (WSCUC).

For more information, please visit ciis.edu/icp

Program Description

The Integral Counseling Psychology (ICP) program was the first East-West, transpersonal psychology graduate program in the world.

As a transpersonally oriented program, we view psychological healing and growth within the larger context of spiritual unfoldings. Integral and transpersonal psychologies are frameworks in which schools of psychology are synthesized with the world’s spiritual traditions.

While behavioral, analytic, system, and humanistic-existential schools of psychology offer important visions of the psyche, they have largely ignored the spiritual dimension. An integral approach holds that psychological training must be inclusive of the spiritual to be complete.

MISSION
• Transpersonal: Spiritual, greater than the individual
• Integral: Essential to wholeness
• Transformative: Understand your own psyche in order to become a therapist
• Experiential: Practice what you are learning in class
• Diversity: Cultivate awareness and process of threading cultural, gender, and sexual orientation throughout the program

FORMAT
Classes are delivered in a traditional classroom format. The weekend MA program requires 50 semester units divided between classroom and experiential components. While the weekday MA option mirrors the weekday but uses a cohort model—a strong network of support—during coursework and in the transition to counseling careers.

For more information, please visit www.ciis.edu/icp

MA in Counseling Psychology with a Concentration in Integral Counseling Psychology

School of Professional Psychology and Health

www.ciis.edu/icp
I think of ICP as part graduate school, part personal growth center, and part ashram. What keeps me here are the students and people drawn to this program. CIIS is one of those rare points of light on this Earth, and the ICP community is an open, heartfelt group of fellow seekers who value the inner life and see how crucial inner transformation is to changing the world.

I love teaching in the ICP program. Our students come with considerable life experience, and so class tends to be lively, informed by multiple viewpoints, and aligned with universal wisdom. ICP students rise to a challenge: We read challenging texts, discussing them in class and working together toward an embodied learning of the material. I’ve also supervised ICP students as they move into practicum, and it’s a joy to see them spread their wings and fly.

What I love most about this program is that it supports me in engaging in intensive self-examination and doing my own work. I believe fully that there is a parallel process at play in therapy, and that the deeper I can go into my own growth, the more I can help others in their journeys. The ICPW coursework, structure, and community provides this for me.

After graduation, alumni work in a wide variety of professional settings and roles:

[1] Private practice: Gestalt, psychodynamic, transpersonal, integrative
[2] Directors or therapists in community agencies
[3] Public and private school counselors
[4] Professors or lecturers in academia
[5] Administrators of counseling centers
[6] Counselors in businesses, hospitals, and hospices
[7] Transpersonal Psychology
[8] Gestalt Therapy
[9] Trauma
[10] Cognitive Behavioral Therapy
[12] Multicultural Counseling and the Family
[13] Family Dynamics and Therapy
[14] The Clinical Relationship
[15] Professional Ethics and Family Law
[16] Human Development and the Family
[17] Psychopathology and Psychological Assessment
[18] Transpersonal Psychotherapy
[19] Integral Psychology
[20] Family Therapy in the Family (optional elective)
[21] Transpersonal Counseling and the Family (optional elective)
[22] Introduction to Community Mental Health and the Recovery Model
[23] Psychodynamic and Human Sexuality
[24] Gestalt"