Transpersonal Psychology’s initial mission to include multiple states of consciousness extends to embrace many ways of being human, as reflected in culture, ethnicity, sexual orientation, gender identity, spiritual path, and ways of knowing. Students have opportunities for professional development through the International Journal of Transpersonal Studies, a scholarly journal supporting whole-person psychologies. A research laboratory is under development to study lived experience in the context of a holistic approach to neuroscience.

Program Highlights

Admissions
415.575.0165 admissions@ciis.edu
For information on application requirements and procedures, or to complete an online application, please visit www.ciis.edu/admissions.

Financial Aid
415.575.0122 financialaid@ciis.edu
For information about our financial aid programs, including federal student loans, private loans, grants, and student employment, please visit www.cii.edu/financialaid.

About CIIS
California Institute of Integral Studies is an internationally recognized leader in integral education. CIIS has an enrollment of 1,500 students pursuing degrees in more than 25 academic programs in its schools of Consciousness and Transformation, Professional Psychology and Health, Undergraduate Studies, and American College of Traditional Chinese Medicine. In addition, CIIS hosts an vibrant exhibition program through The Arts at CIIS, and offers a dynamic array of events through its Public Programs, including conversations, workshops, and certificate programs. The University provides low-cost mental health and acupuncture services to the San Francisco Bay Area through its 10 award-winning counseling and acupuncture clinics. CIIS is accredited by the Western Senior College and University Commission (WSCUC) and Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM).

 Integral and Transpersonal Psychology
PhD in Integral and Transpersonal Psychology
School of Consciousness and Transformation

Online Degree Program

For more information, please visit ciis.edu/itp.
The PhD requires 36 units of coursework, which with part-time attendance can be completed in a minimum of 3 years, plus comprehensive examinations and dissertation. The following sample course of study includes 24 units of required courses that integrate intellectual content with skills of scholarship, and 12 units of focus area electives in subjects including Integral and Transpersonal Psychology, Somatic Studies, and Consciousness Studies and Contemplative Neurosciences.

For a typical student, a course of study might be:

1st Semester

- Western/World Philosophies with History and Systems of Psychology 3

2nd Semester

- Research Design and Critique with Exceptional Human Experiences 3

3rd Semester

- Quantitative Research Methods with Neuroscience of Consciousness 3

4th Semester

- Integral Research Methods with Creative Expression 3

Focus Area Coursework 3

5th Semester

- Focus Area Coursework 3

Proposal Writing 2

6th Semester

- Focus Area Coursework 3

This degree is well suited for professionals who want to advance their education and contribute to the development of research and scholarship. Entrepreneurial students may use their degree for consulting, writing, and teaching in the public arena; for others, it offers a way to develop their personal gifts and potential.

Our students work as psychotherapists, social workers, psychologists, counselors, activists, organizers, leaders, teachers, researchers, nurses, physicians, lawyers, or in other fields related to personal development, social change, sustainability, or environmental protection.

A transpersonal approach appreciates all that conventional psychology brings, and also gives weight to lived experience, relationality, intuition, and exceptional human experiences such as mysticism and spirituality. Integral psychology is a related approach that sees the typical human personality as fragmented, and understands healing and personal evolution as linked to the integration of these aspects into a whole human being. The integral tradition has roots in Indian spirituality through the writings of the Indian philosopher and spiritual teacher Sri Aurobindo.