

## Program Highlights



The program is eclectically oriented, teaching various models within the field. Additionally, dance/movement, art, and poetry are selectively incorporated to enhance the therapeutic and/or aesthetic nature of drama therapeutic work.

The program features a special project called **Theatre for Change**, in which students create original theatre pieces aimed at raising consciousness about diversity. Another feature is our **Self-Revelatory Performance** (a unique form of theatre and drama therapy developed in our program), which is an option as a capstone project.

A modified track is available for coursework toward licensure as a Licensed Professional Clinical Counselor (LPCC).



### Admissions

415.575.6154  
[admissions@ciis.edu](mailto:admissions@ciis.edu)

For information on application requirements and procedures, or to complete an online application, please visit [www.ciis.edu/admissions](http://www.ciis.edu/admissions).



### Financial Aid

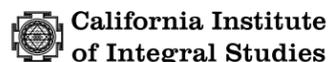
415.575.6122  
[finaid@ciis.edu](mailto:finaid@ciis.edu)

For information about our financial aid programs, including federal student loans, private loans, grants, and student employment, please visit [www.ciis.edu/financialaid](http://www.ciis.edu/financialaid).



### About CIIS

California Institute of Integral Studies (CIIS) is an internationally recognized leader in integral education. CIIS has an enrollment of more than 1,500 students pursuing degrees in a variety of academic programs in its schools of Consciousness and Transformation, Professional Psychology and Health, Undergraduate Studies, and American College of Traditional Chinese Medicine (ACTCM). In addition, CIIS hosts a vibrant art exhibition program through The Arts at CIIS and offers a dynamic array of events through its Public Programs division, including workshops, lectures, and certificate programs. The University provides affordable mental health and acupuncture services to the San Francisco Bay Area through its eight award-winning clinics. CIIS is accredited by the Western Senior College and University Commission (WSCUC) and Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM).



**California Institute of Integral Studies**  
[www.ciis.edu](http://www.ciis.edu)  
1453 Mission Street  
San Francisco, CA 94103

For more information, please visit [ciis.edu/pdt](http://ciis.edu/pdt)

## Program Description

The internationally recognized Drama Therapy program at CIIS is one of a handful of accredited and approved graduate training programs in the field of drama therapy.

The program meets academic requirements for registry as a drama therapist (RDT) and for Marriage and Family Therapist (MFT) licensure in the state of California.

For more than 30 years, our program has been steeped in the exploration of how therapeutically adapted dramatic processes work over time to heal wounds,

facilitate lasting change, and help people reach their highest potential. Our program integrates experiential, didactic, and clinical/practical courses, in a carefully paced and sequenced curriculum, to train students to become personally and culturally aware, attuned, and competent drama therapists and psychotherapists.

## MISSION

We aim to take students on a compelling and challenging personal and intellectual journey, deepening knowledge of the possibilities and complexities in the field of drama therapy. Our commitment is to provide a rigorous, multilayered training in using drama therapy—in a broad array of applications—ethically, respectfully, and skillfully.



### FORMAT

The progressive curriculum emphasizes small, action-oriented classes within a cohort model, along with delving into the complexities of, and cutting-edge research in, drama therapy. We use role-play and enactment in training—ensuring that learning is engaging and embodied. On-site clinical training and supervision are a central component of the program.

#### AVAILABLE



Classroom



Weekdays



Occasional Weekends

## Drama Therapy

### MA in Counseling Psychology with a Concentration in Drama Therapy

School of Professional Psychology and Health



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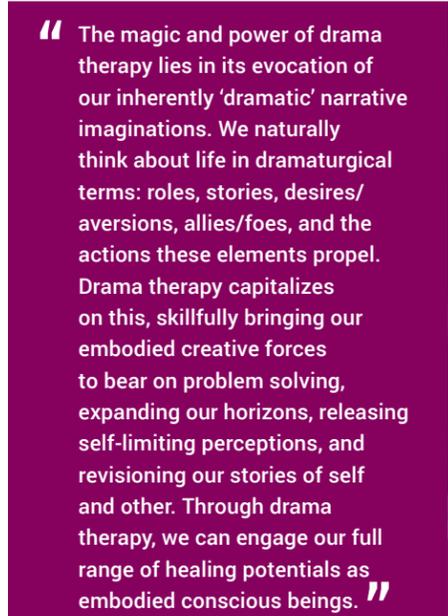


## Faculty



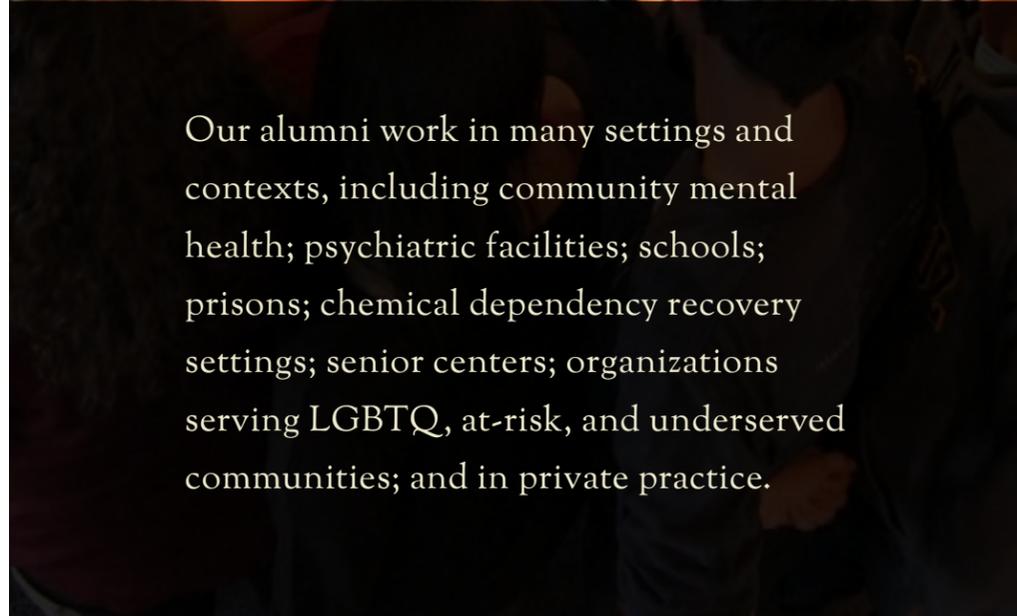
**RENÉE EMUNAH, PhD, RDT/BCT**  
Chair

“ Freedom and possibility are two words that evoke the essence of drama therapy. Life is finite, affording us only so many experiences. But in drama, the options and opportunities are endless, enabling us to dive more deeply into life’s richness. When the dramas are authentic, they have the power to affect, and even alter, our real lives profoundly. Drama therapy invites us to uncover and integrate dormant aspects of ourselves, stretch our conception of who we are, and experience our intrinsic connection with others. ”



**GARY RAUCHER, MA, LMFT, RDT/BCT**  
Core Faculty

“ The magic and power of drama therapy lies in its evocation of our inherently ‘dramatic’ narrative imaginations. We naturally think about life in dramaturgical terms: roles, stories, desires/aversions, allies/foes, and the actions these elements propel. Drama therapy capitalizes on this, skillfully bringing our embodied creative forces to bear on problem solving, expanding our horizons, releasing self-limiting perceptions, and revising our stories of self and other. Through drama therapy, we can engage our full range of healing potentials as embodied conscious beings. ”



Our alumni work in many settings and contexts, including community mental health; psychiatric facilities; schools; prisons; chemical dependency recovery settings; senior centers; organizations serving LGBTQ, at-risk, and underserved communities; and in private practice.

## Course of Study/Curriculum

The MA (MFT track) requires 60 units of coursework, which includes 2 elective units. Students typically complete courses listed for Fall and Spring of their first year, then adjust their pace based on readiness for practicum and other factors. Accelerated program completion is possible in 6 semesters. Most students complete in 7 semesters (2.5 years).

A modified track is available toward LPCC (Licensed Professional Clinical Counselor) licensure.

### Course Highlights:

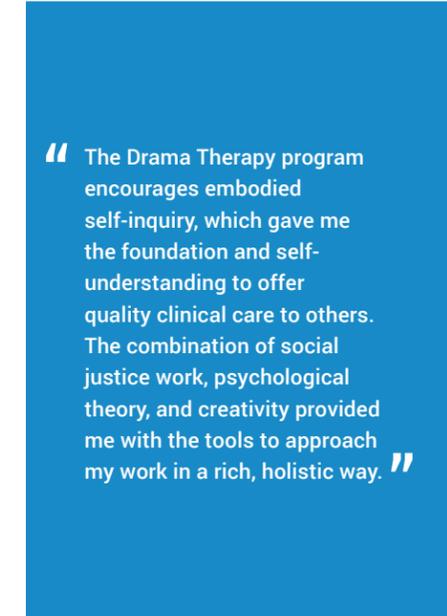
1st Year: Fall, Spring, Summer		Units
Drama Therapy Process and Technique		3
Drama Therapy Theory		3
Advanced Improvisation and Playback Theater		1
Drama Therapy Practice		3
Psychodrama		3
Group Dynamics and Creative Arts Therapies		2
Developmental Transformations		1
Drama Therapy and Social Change		2
Drama Therapy with Individuals		1
2nd Year: Fall, Spring, Summer		Units
Supervised Clinical Practicum: Case Seminar in Drama Therapy (3 semesters)		2
Multicultural Counseling and the Family		2
Advanced Family and Couples Therapy: Action-Oriented Approaches		2
Intro to Community Mental Health and the Recovery Model		2
Trauma and Resilience: Embodied Approaches to Treatment		1
Advanced Integrative Five-Phase Model of Drama Therapy		1
Integrative Seminar: Capstone Project Development		4

## Alumni



**AILEEN CHO**  
Alum ('12)

“ The program allowed me to tap into the limitless storehouse of compassion, imagination, play, and resiliency inside of me, and helped me channel all that into my fullest potential as a therapist and human being. It was an all-encompassing and transformative experience. As a storyteller, scholar, and now clinician, the impact of the Drama Therapy program at CIIS will continue to serve me professionally and reverberate through me and those with whom I come into contact. ”



**ALLYSON HURLBURT**  
Alum ('11)

“ The Drama Therapy program encourages embodied self-inquiry, which gave me the foundation and self-understanding to offer quality clinical care to others. The combination of social justice work, psychological theory, and creativity provided me with the tools to approach my work in a rich, holistic way. ”