

Spring 2021 Virtual New Student Orientation

BUILDING YOUR COMMUNITY WITHIN CIIS

**FRIDAY
JANUARY 8**

**ZOOM MTG ID:
684 002 1043**
Password: virtual

PRE-VIRTUAL NSO LOGISTICS

9:00 AM - 10:30 AM PDT

AGENDA:

9:05 AM- REGISTRAR
9:20 AM- BUSINESS OFFICE
9:35 AM - FINANCIAL AID
9:50 AM- MYMAIL/MYCIIS
10:05 AM- STUDENT AFFAIRS
10:20 AM- Q&A

11:00 AM - 1:00 PM PDT
ONLINE LEARNING
TECHNOLOGIES FOR NEW
STUDENTS
ONLINE LEARNING

Virtual Cafe
Hours 8 AM - 3 PM PDT
ZOOM MTG ID: 756 412 8767

**MONDAY
JANUARY 11**

**ZOOM MTG ID:
684 002 1043**
Password: virtual

8:00 AM - 8:45 AM PDT
QIGONG
WELLNESS

9:00 AM - 10:30 AM PDT

WELCOME PRESIDENT, PROVOST
DEAN OF STUDENTS,
OFFICE OF DIVERSITY AND
INCLUSION &
STUDENT UNION

11:00 AM - 12:15 PM PDT
FINANCIAL AID
FINANCIAL AID OFFICE
AND
STUDENT EMPLOYMENT
HUMAN RESOURCES

1:00 PM - 2:15 PM PDT
BUILDING COMMUNITY THROUGH
THE MYERS BRIGGS INDICATOR
CAREER SERVICES

Virtual Cafe
Hours 8 AM - 3 PM PDT
ZOOM MTG ID: 756 412 8767
BRIDGE INTENSIVE: 4- 6 PM PDT

**TUESDAY
JANUARY 12**

**ZOOM MTG ID:
684 002 1043**
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8:00 AM - 8:45 AM PDT
MEDITATION & JOURNALING
STUDENT UNION

9:00 AM - 10:30 AM PDT
CIRCLE UP
OFFICE OF DIVERSITY & INCLUSION

11:00 AM - 12:15 PM PDT
CLASSES ARE ONLINE, AND
SO IS YOUR LIBRARY!
LIBRARY

1:00 PM - 2:15 PM PDT
WRITING AS A PROCESS
CENTER FOR WRITING & SCHOLARSHIP

Virtual Cafe
Hours 8 AM - 3 PM PDT
ZOOM MTG ID: 756 412 8767
BRIDGE INTENSIVE: 4- 6 PM PDT

**WEDNESDAY
JANUARY 13**

**ZOOM MTG ID:
684 002 1043**
Password: virtual

8:00 AM - 8:45 AM PDT
VINYASA
WELLNESS

9:00 AM - 10:30 AM PDT
THE WORK OF ANTI-RACISM AT
CIIS: WHAT MAKES YOU COME
ALIVE?
OFFICE OF DIVERSITY & INCLUSION

11:00 AM - 12:15 PM PDT
IT CAN BE EASY GOING GREEN!
GREEN TEAM

1:00 PM - 1:30 PM PDT
REDUCING STRESS AND
IMPROVING EMOTIONAL HEALTH
WITH NEOLITH
NEOLITH

Virtual Cafe
Hours 8 AM - 3 PM PDT
ZOOM MTG ID: 756 412 8767
BRIDGE INTENSIVE: 4- 6 PM PDT

**THURSDAY
JANUARY 14**

**ZOOM MTG ID:
684 002 1043**
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8:00 AM - 8:45 PM PDT
BREATHING MEDITATION-
INTRO TO KUNDALINI
WELLNESS

9:00 AM - 10:00 AM PDT
SENSE OF BELONGING:
EDUCATION PATH TIMELINE
STUDENT UNION

11:00 AM - 12:00 PM PDT
FORMATIVE EXPERIENCE AT CIIS:
PRESENCE, DISCOVERY, AND
REPLENISHMENT
COUNSELING

1:00 PM - 1:30 PM PDT
GET INVOLVED
STUDENT UNION FELLOWS

Virtual Cafe
Hours 8 AM - 3 PM PDT
ZOOM MTG ID: 756 412 8767
BRIDGE INTENSIVE: 4- 6 PM PDT